"No Need to Exclude" Promoting Wellbeing for all

SENCO Conference 2015
Tomlinson Centre





Starter: Questionnaire (and Coffee)





9:30 – 9:40:

Please complete the starter questionnaire on your tables. Hold on to this as you will need it again at the end of the day.

Please help yourself to refreshments if you have not already done so.

Introductions...



Ms Sophie McElroy

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Dr Edward Chilton

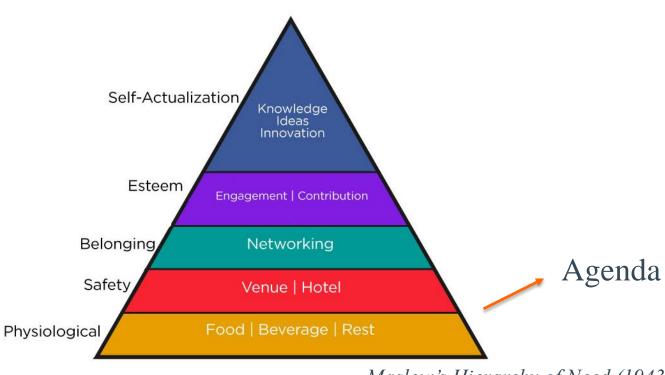
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Walking the talk...

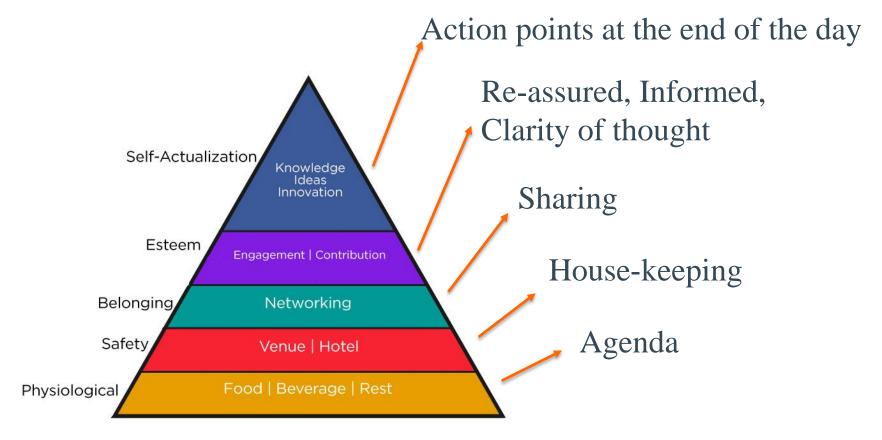


Maslow's Hierarchy of Need (1943)

Agenda

9:30 - 9:40	Starter
9:40 - 10:00	Introduction
10:00 - 11:00	Katherine Weare
11:00 - 11:15	Break
11:15 – 12:00	Katherine Weare
12:00 – 12:15	Rhiannon England
12:15 – 12:45	'No Need to Exclude'
12:45 - 1:30	Lunch/Networking/Stalls
1:30 - 2:25	Workshop slot 1
2:30 – 3:25	Workshop slot 2
3:30 - 4:00	Plenary and evaluation

Walking the talk...



Maslow's Hierarchy of Need (1943)

Why are we all here?

850,000 CHILDREN HAVE MENTAL HEALTH PROBLEMS!

- Three children in every classroom have a diagnosable mental health disorder.
- Roughly 725,000 people in the UK suffer from Eating Disorders, 86% of these will have shown symptoms before the age of 19.
- One in 10 deliberately harm themselves regularly (and 15,000 of them are hospitalised each year because of this).
- Nearly 80,000 children and young people suffer from severe depression.
- Half of all lifetime cases of mental illness begin by age 14.
- 45% of children in care have a mental health disorder these are some of the most vulnerable people in our society.
- Nearly 300,000 young people in Britain have an anxiety disorder.
- 95% of imprisoned young offenders have a mental health disorder. Many of them are struggling with more than one disorder.



http://www.youngminds.org.uk/about/whats_the_problem

National Context & Guidance

Mental health and behaviour in schools (DfE 2014)

"In order to help their pupils succeed, schools have a role to play in supporting them to be resilient and mentally healthy."



• Link between pupil health and wellbeing and attainment (Public Health England, 2014)

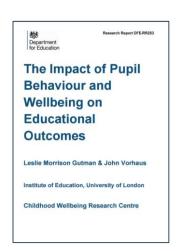
"Pupils with better health and well-being are likely to achieve better academically"



National Context & Guidance

 The impact of pupil behaviour and wellbeing on educational outcomes (DfE 2012)

"Children with higher levels of emotional, behaviour, social and school wellbeing, on average, have higher levels of academic achievement and are more engaged in school."



• Future in mind: promoting, protecting and improving our children and young people's mental health and wellbeing. (DfE 2012)

"We have described a vision for our country in which child mental health and wellbeing is everybody's business, where our collective resilience and mental strength is regarded as an asset to the nation in the same way as we prize our levels of attainment, creativity and innovation."



National Context & Guidance

 What works in promoting social and emotional wellbeing and responding to mental health problems in school (Weare, 2015)

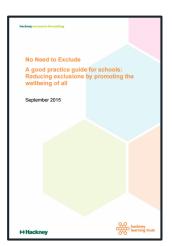
"Schools need to have a clear awareness of the extent and nature of mental health problems in children and young people and of their responsibility to be part of the response."



No Need to exclude (HLT, 2015)

"Minimal school exclusions will be a collective indicator of our collective success."

www.learningtrust.co.uk/noneedtoexclude



Reminders

Please complete the starter activity on your tables



Please sign up for the afternoon workshops



More Introductions Stalls and/or workshops:

- Terence Bevington (Restorative Approaches and Peer Mediation)
- Siobhan Currie (EPS and Solihull Approach)
- Bernadette Carelse (EPS Mindfulness)
- Dr Rhiannon England (Hackney CCG)
- Julian Erwin and Nick Malinder (Queensbridge School)
- Emily Rawlings and Jack Newling (Re-Engagement Unit)
- Lizzy Ngotta and Carol Marcel (Specialist Teachers and Inclusion Team)
- Katharine Huck (Occupational Therapist Virtual School) and Jennifer Tobias (Early Years Learning Mentor Virtual School)
- Billy Baker (Children Missing Education)
- Jenny and Tasha Lewis (SENDIAGS)

Key Note Speaker:

- Katherine Weare

Plenary...Almost there!



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