## Activity 1: Halal

### Key Knowledge:

- 1. Halal and some of the key requirements: means permitted/lawful. Haram (not permitted) food includes all pork products, animals that eat meat and animals that have not been slaughtered according to Islamic law. Muslims have to be careful with processed foods because some ingredients might be unknown.
- **2.** *Kosher* and *Halal* meat: Both need to be slaughtered in a certain way by skilled professionals. Prayers said over both. Most animals disallowed Judaism are the same in Islam but further animals are considered 'unkosher.'
- 3. Scenario: any can be given including from own experiences. Think about situations that make keeping to the food laws difficult.

### **Development:**

- 4. *khalifah* : stewardship or guardianship over Allah's creation; Genesis creation story gives permission to eat animals, as does example of Muhammad.
- 5. <u>'All Muslims should be vegetarian, as Allah created all animals.'</u> Answers should include more than one viewpoint, with an example, teaching/quote or belief that supports each view given. At least one should be from Islam. Answers might include reference to beliefs of the soul, Genesis and stewardship, the example of Muhammad, or laws in the Qur'an.

## Activity 2: Sawm

#### Key Knowledge:

- 1. Three facts for Ramadan: All answers can be found on the resources specified.
- 2. Three reasons for Ramadan: All answers can be found on the resources specified.
- 3. Scenario: any can be given including from own experiences. Think about situations when maintaining a fast might be hardest.

#### **Development:**

- 4. Demonstration of Ummah: Answers could include: relevant reasons from question 2, above; Sawm as one of the 5 pillars which hold ummah together; All fast at same time showing union; consideration of poor strengthens commitment to charity/support of needy in Ummah; all celebrating Qur'an which brought community/Ummah together.
- 5. Belief in Allah: Answers could include: Remembering revelation of Qur'an; showing commitment to Allah through strong self will; following laws in Qur'an, which some believe is word of Allah
- 6. <u>'The most important reason for Muslims to fast during Ramadan is to develop empathy</u> <u>for the poor.'</u> Answers should include more than one viewpoint, with an example, teaching/quote or belief that supports each view given. At least one should be from Islam. Answers might include: reference and comparison to other Pillars, celebration of Qur'an/ Allah, and development of spirituality

# Activity 3: Iftar and Eid

#### Key Knowledge:

- 1. Three facts: All answers can be found on the resources specified.
- 2. Describe *iftar*: All answers can be found on the resources specified.

**Development:** 

- 4. Ummah: Answers might include Allah created all, Ummah bonded through Qur'an, help each other in times of need, following Muhammad example, requirements in Qur'an religious writings
- 5. 'Having self control over our food is the biggest difference between humans and animals.'

Answers should include more than one viewpoint, with an example, teaching/quote or belief that supports each view given. At least one should be from Islam. Answers might include: teachings about the soul, creation/Genesis, stewardship.