

For children under 5

Keep up to date with your child's checks and immunisations

Health checks help you:

- see how your child is growing and developing
- get support early if you have any worries

Why immunisations matter

Immunisations help protect your child against serious illnesses like measles, tetanus, and meningitis.

They also help protect other people in the community who may be more vulnerable.

Our Journey Birth to 5 Years



When do immunisations start?

Your GP will invite you for your baby's first immunisation at 8 weeks old.

Try to attend appointments on time so your child gets the best protection.

Need advice?

It is normal to have questions.

Your GP, Health Visitor or a practice nurse can talk you through the process and answer any worries you have.

Find out more:



[education.hackney.gov.uk/
birthtofive](http://education.hackney.gov.uk/birthtofive)



HDS20194

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