

Home Learning: History Activity KS3

During the time you are spending at home we wanted to provide an activity that you can do individually or with your family/ carers. The activities are designed to be interactive and create discussion around the topic of Black History. The main activities do not need internet access or IT resources to complete. However, we have also included some further online links on the final page if you can/ would like to continue to research The Beachy Head Lady.

The main focus must be on making learning fun and manageable. Only do what you find manageable and remember that exploration, discussion and playing games are a great way to learn.

Instructions on how to use the resource



Progression in history involves developing historical perspective through the following skills:

Being a historian	Chronological understanding Identify significant events, make connections, draw contrasts and analyse trends within periods and over long periods of time	Evidence Create relevant, structured and evidentially supported accounts- what is the information telling us?	Cause & Consequence Analyse/ explain reasons for, and results of historical events, situations, changes- what caused this to happen? What were the consequences of the event?
Significance Consider/ explain why events, people and developments are significant- what makes this significant?	Change and continuity Identify and explain change and continuity within and across periods- what has changed? What has stayed the same?	Diversity Understand and explain or analyse diverse experiences and ideas, beliefs and attitudes of men, women, children and past societies	Interpretation Identify and explore how and why contrasting arguments and interpretations of the past have been constructed. Whose perspective does it reflect?

1. Read the information about The Beachy Head Lady on the **flashcards (page 2)**

2. Then sort them onto the **Fact/ Interpretation sorting mat (page 3)**. Using the skills above as a guide organise into what is fact and actually happened, and how much of what we know about the Beachy Head Lady has been constructed and is interpretation?

3. Answer the questions on the **Key Concepts card (page 4)** which focus on the different skills of being a historian. Does it leave you with any further questions or give you all the answers?

4. Have a look at **the further resources/ extension activity (page 5)** to explore further research and try our 'Be a Historian' extension activity!

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Flash cards

Can you sort the cards onto the sorting mat?
What is fact and what is interpretation of evidence?

<p>The Beachy Head Lady is thought to have originated from Sub-Saharan Africa which includes: Morocco, Egypt, Djibouti, Somalia</p>	<p>Her skeleton indicates she would have lived and died during the time of 200-250AD</p>	<p>It happened approximately 1800 years ago</p>
<p>She was approximately 5ft tall and the clues from her body indicated she would have been a fairly young woman aged between 18-23 when she died</p>	<p>Her remains currently reside at Eastbourne Museum</p>	<p>The Beachy Had Lady remains were discovered in Beachy Head, East Sussex, England between 1992- 1996</p>
<p>Once discovered, her remains were sent to a Reconstructor who used 3D scanning which lead to them identifying that she would have been from Sub-Saharan Africa</p>		<p>It is possible she was the wife or partner of a Roman official as her remains suggest she was very well-cared for</p>
<p>Her remains showed no signs of hard labour or physical work</p>	<p>It is assumed she was a woman of high social status</p>	<p>Dating her body prior to the time of the Roman invasion of the whole of the UK indicates the likelihood that she did not enter the UK as a result of the Romans' presence</p>
<p>Her teeth were in good condition</p>	<p>Her bones were without disease</p>	<p>The condition of her remains indicate she ate a good diet of fish and vegetables</p>

Key concepts in History & The Beachy Head Lady

Can you answer these
questions as a historian?

SIGNIFICANCE

Why was the Beachy Head Lady significant during the beginning of the Roman invasion in the United Kingdom?

CAUSE & CONSEQUENCE

How do you think the Beachy Head Lady came to be in the United Kingdom during this period?

CHANGE & CONTINUITY

What else was happening in the world during 200- 250 AD?

The Beginning of the Mayan Empire? What empires are significant today?

EVIDENCE

What evidence did they use to identify the features of this woman? Why is it surprising that she showed signs of good nutrition?

DIVERSITY

Why is a woman of sub-Saharan African descent significant at this time? How does it challenge our perceptions of that time?

CHRONOLOGICAL UNDERSTANDING

What have you learnt about the Roman invasion of the UK? Does it add any further context to the discovery of the Beachy Head Lady and who she might have been?

INTERPRETATION

Why do you think we may not have known about people of African descent being present in the United Kingdom during this era?

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Further resources/ Extension Activity

- If you have access to online resources, the following links may be useful for further discussion.
- The Extension activity below is **not** dependant on IT resources.

https://www.youtube.com/watch?v=4cvbEli_z9k

Author David Olusoga reads an extract from his book, Black and British about

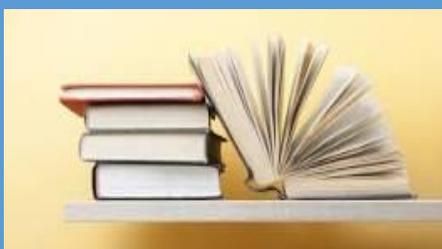
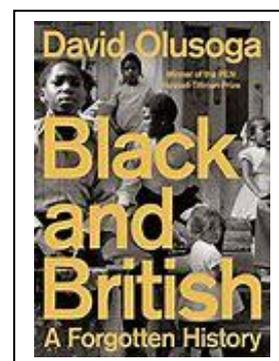
The Beachy Head Lady

<https://www.bbc.co.uk/news/uk-england-sussex-25962183>

News article about The Beachy Head Lady

<https://www.bbc.co.uk/bitesize/guides/zfgsgk7/revision/1>

BBC Bitesize summary of the Roman Empire- KS3



EXTENSION ACTIVITY:

We are living through what will be described one day as an epic global pandemic that will be studied, explored and quoted in years to come. It will be a significant time in our history and a significant part of global history. With that in mind, consider keeping a diary and recording what is happening now. What do you see every day? What are the things that have changed for the better or for the worse? How are you coping in Lockdown? What do the restrictions feel like? What are the activities you enjoy doing? You never know, you could write a book about it one day! Could you reflect the different historical skills in your diary?