# Home Learning Introduction: Topic 8 Let's Explore! Hackney

We hope you are all keeping safe and well.

These may be of help to you, particularly if you are trying to manage several children's needs or have limited access to the Internet. Page 1: activities – no IT needed Page 2: web links - if you have internet access and some extension.

The most important thing is that you are calm for your children and should only do whatever you can manage. Remember that children also learn a lot through play such as Lego and playing games and even through chores such as helping to prepare a meal. Great learning can happen when it's not always adult directed.

#### Wellbeing and Building Resilience

For resources to support this, please click this link to our Padlet: https://padlet.com/HLTWellbeing/jukwcst2scmfbd7t or use this QR code:

### Friendships – Being kind



#### (please see further website resources for support on the third page)

As children go back to school, they will be excited to see their friends. Others may also feel nervous and apprehensive seeing their friends again. Some may ask: Will my friends still like me? It is perfectly natural for children to be having reservations during this time, especially as they have not been in school for some time. One way we can connect with others in building and restoring friendships is being kind. Kindness is the quality of being friendly and considerate towards others.

Here are some ways you could show others kindness when you return to school:

- Say hello to your friends, using their name. Ask them how they are e.g. *Hello (name). It is lovely to see you again! How are you?*
- Give everyone you meet at school a big smile!
- Make sure to say 'thank you' when you receive a compliment or when someone does something for you.
- What other little extra acts of kindness can you do during your first week back at school?

WE CAN CHANGE THE WORLD With KINDNESS

Don't forget to be kind to yourself too! Give yourself a big hug!

		Maths			Literacy		Science			
Sugar3Potatoes9Pepper6Coffee7Chocolate15	ip II of Spain who is richer overies. s worth: el antity they Spanish amount 5 5 7 8 12 15	About turn! When you are facing a direction and you turn all the way round, it is called a 'whole or full turn.' You can also turn a half (180 degrees) or quarter turn (90 degrees). You can also use compass points. Clockwise is the same direction as a clock goes and anti-clockwise is the opposite. Call out directions to someone in your family like 'Start facing north. Turn a quarter turn clockwise' and check they turn the right amount. You could add in how many steps they must take and direct or place!	Using co-ordinates Make a pirate map and bury the treasure somewhere secret! Draw a big grid with numbers on the vertical axis (up the side) and letters on the horizontal axis (along the bottom.) Draw an island with palm trees, a lake, the pirate ship and other features. Ask a partner to call out co- ordinates to guess where the treasure is e.g. E4-	Read all about it! European Explorers travelled the world to find places that they did not know about. When they did it was big news. Newspapers printed stories about their finds. These are some famous discoveries: 1492 Christopher Columbus sailed to North America 1519 Hernan Cortes found Tenochtitlan an Aztec city 1532 Franciso Pisarro saw the Inca Empire in Peru 1911 Hiram Bigham III discovered Macchu Pichu in Peru 1922 Howard Carter found The Mamerie tomb You are a journalist and you are writing a big story of discovery. Choose one of the above or imagine another amazing discovery e.g. an ancient city/ A statue / a tomb filled	Expedition Journal Explorers kept a journal for planning and recording their journey. Create your own travel journal for one of the famous explorers or your own imaginary expedition. Captain Cook wrote journals of their experiences and travels. Write it in the 1st person and present tense. Really describe where you have been and what you have been and what you have seen! Can you include an imaginary adventure? Off on an Expedition! What would you take with you if you went on an expedition to discover new places? Make a list of what you would need if you were exploring: Mount Everest The Sahara Desert	<section-header></section-header>	Stay afloat! Christopher Columbus's ship the Sar Maria was a heavy ship which had t carry huge cargo and 86 sailors. Your task is to design a boat that ca hold treasure! (15 coins). You can us whatever you have at home such a food packets, plastic bottles, pape cups, tin foil etc. With an adult, fill a shallow bath o sink with water and test out your bo – add each coin one by one. Try making boats from different materia – which one is the most buoyant? W it the one you thought it would be Make sure it is a fair test by keepin everything the same such as the siz and depth of water – the only variat is Could you build a raft that pirates could use between the ship and th	to down to find objects or treasure! Create your own dig box at home by hiding different objects in sand or shredded newspaper for your family to uncover. If you have a magnifying glass or enlarger on an adult's phone, look closely. r paat als //as ? For each object discovered, can you: • Say what material it is made of • Describe it in detail – describe its properties e.g. hard, flexible, shiny, transparent, absorbent? • Group any together? Include some rocks in the treasure – do they have grains or crystals in them? • You could also create a puzzle by	Look at the sun and stars! Sailors used to look at the position of the sun and stars to guide their directions. The earth spins on its axis so the Sun appears to rise in the East and set in the West. Can you look at the position of the sun when you wake up, at lunchtime and late afternoon? What do you notice about how the shadows change? Why do we have day and night? Sailors could tell where they were in the world depending on whether they could see certain constellations of stars like the North Star - Polaris. The Plough / Big Dipper always points to Polaris. When it is dark, look at the sky. Can you find Polaris, the brightest star Sirius and groups of stars	
Humanities				with treasures! Write a newspaper article about the discovery.	<ul> <li>The North Pole</li> <li>The Amazon Rainforest</li> <li>The Nile River</li> </ul>	K (Kilo)     Kalantin communicate with you.     U(Ima)     Kalantin communicate with you.     Kalantin     Kalantin	new land?	or a picture (with permission!) and burying the pieces. You could also create a treasure hunt of clues.	together (constellations)? Try to draw them.	
Explorers and Navigators Did you know that explorers often had to sail around the			Riches in your cupboards! Walter Raleigh was an Elizabethan explorer who was	You will need: A catchy Headline (short and snappy)	Think about: Clothes/shoes			Creative Arts		
world in new ways? Inspired by them, people have carried on doing this today. <b>British yachtswoman</b> Ellen MacArthur finished her single-handed circumnavigation of	years ago! H a donkey to Saudi Arab that there v see! And he When he	He left his home in Morocco on o on a pilgrimage to Mecca in via. As he travelled, he realised was even more of the world to o didn't come back for 30 years. travelled there were no cars, uses, panes, bicycles.	a favourite of Queen Elizabeth I. He wanted to find and conquer new places and would bring back gold and other treasures for the Queen. One of his treasures was the potato!	First paragraph including what, when, where, who and why Include facts and quotes and details. Sum up your article at the end. Write it in 3rd person (she/he/they) and past tense (was, went).	Food/drink Equipment How long would you go for? How would you carry everything?	Write a story or diary entry imagining you are an explorer or a pirate. Where do you want to visit? Who are your crew? What adventures do you have?	Lost Cities Being an explorer comes with the excitement of being the first person to find a new and undiscovered place. Imagine you were an explorer and deep in a jungle, buried	Be a Botanical Artist Captain James Cook navigated the South Pacific Ocean on the Endeavour looking for new plants to discover. He also mapped the coast of Australia and New Zealand. He had a large crew to help sail and look after the ship, but did you	Make a Sea Monster sock puppet Sea monsters were often drawn on old sea maps. Make your own sea monster! You will need: • an old sock • paper • glue	
the globe in world record time on this day in 2005. The 28-year old completed the 27,000 mile voyage in 71 days, 14 hours and 18 minutes. (She sailed around	globe in world record on this day in 2005. The ear old completed the 100 mile voyage in 71 vs, 14 hours and 18 ese. (She sailed around     He had many adventures: He visited the Pharoah's lighthouse in Egypt (one of the 7 wonders of the world)     Some of these finds were very rare and expensive but now they are just everyday food for us!       00 mile voyage in 71 vs, 14 hours and 18 ese. (She sailed around     0 n his way to China from India a storm sank his boat and he washed up on a     Can you discover these treasures in your cupboards at			Topic 8: Let's Explore! Home Learning Hackney			beneath a sand dune or tucked away in a forest of kelp at the bottom of the ocean, you discovered a lost city!     kno       What would it look like? What     The	whe also had a botanical artist called Sydney Parkinson? He was there ketch, draw and paint new plants and owers - cameras did not exist then! se were very precise and detailed and had to capture all the detail of the	<ul> <li>a pencil</li> <li>colouring pencils or felt tips</li> <li>a pair of scissors</li> <li>extra items if you have e.g. pompoms</li> <li>1. Draw, colour and cut out parts of the sea monster e.g. eyes, ears, tongue,</li> </ul>	
the world on her own!)       beach with nothing except his         To be able to navigate around       prayer mat!         the world, invisible       In India he was attacked and robbed by         lines around the globe were       In India he was attacked and robbed by         created.       He crossed the Khawak Pass which is         These would be markers were       4000m high (the tallest building in the         called latitude and longitude       world is 829.8m!)         Do you know the name of the       Write a postcard to tell others about			home? Potatoes: North America Sugar: Caribbean Coffee: First from Yemen (Middle East) Chocolate: South America Tea: India/China Cinnamon: Sri Lanka	This topic is all about famous explorers and the adventures that they had in finding and gaining new lands such as America and Antarctica, setting up new trade routes of goods like spices and finding treasure!			city for it to be lost for thousands of years? Have a go at <b>drawing</b> the lost	plants/fruits etc. Find a plant/flower/fruit in your home or on your walk. Look closely! Can you see lines on the leaves (veins) or petals? What shape are the leaves and petals, smooth or jagged? What different colours and shades can	horns 2. Glue your shapes and extra items on to the sock 3. Place your hand in to your sock and there you have a sea monster! Make a quill ship Quilling is rolling strips of paper to create shapes and designs. you will	
central horizontal latitude       your adventures and journeys!       • Nutmeg: Indonesia         line around the earth that       It should include important       • Pepper: India         splits it into two halves? What       information:       • Vanilla: Mexico         do we call these two sections       • How you were travelling (horse or       • Chillies (chilli powder):			The great dilemma! Questions to think about! (Philosophy for children) Explorers often discovered new places, people and treasures. What do you think are the rewards and what are the risks of these discoveries ? The Elgin Marbles were discovered by Thomas Bruce the 7th Earl of Elgin in Greece			See and the second	you see? How are the petals or leaves attached to the stalk? Is the stalk smooth or spiky? Remember	need: • ½ cm strips of paper • paper for the background • paints/felt tip pens • glue		

Remember that sketching was a way 25 of recording new 1E discoveries so you could

sketch anything – even people!

and sea. 2. Circle the ends of the strips of paper into rolls. 3. Shape these rolls to make a ship. Stick these on to your painted background. You could add a sun and

waves from your rolls too.

1. Paint your background with a sky



If you had Lego or other building blocks or some old recycling you could build your lost city too!

The Elgin Marbles were discovered by Thomas Bruce, the 7th Earl of Elgin, in Greece and were bought back and can be seen in the British Museum. Do you think they should go

back to the country they were discovered in or preserved for people to see in a museum? Why do you think that? Should we apologise for things that explorers had done in the past? Why or why not? E.g. spreading disease

- Chillies (chilli powder):
- Mexico
- Tomatoes: South America
- You could make a poster of your food discoveries!

unusual sights or dangers along the

a description of what you saw

way

the weather or climate

above and below this line?

Do you know the name of

the city the central longitude

runs through? What is its

name?

Answers on the next page!

#### donkey, camel caravan, ship) • the distances you have travelled and how long the trip has taken

## How you were travelling (horse or

Topic 8: Let's Explore! Hackney				Literacy		Science	
	These are links to websites – please practise Internet safety with your children whilst accessing these websites.	<u>https:/</u> https:/	ls and diaries: /www.rmg.co.uk/family-activ /www.bl.uk/collection-items	james-cooks-diary		Lesson on buoyancy: <u>https://www.bbc.co.uk/bitesize/topics/zc89k7h</u> Discovering objects: <u>https://www.museumoflondon.org.uk/schools/learning-</u> resources/3d-objects-stone-age-to-iron-age	
Useful websites for parents and carers:       1. In response to the coronavirus lockdown and backed by the Government, The Oak National Academy website, is a new collection of high-quality lessons and online resources. For more information for parents and carers: <a href="https://www.thenational.academy/information-for-parents-pupils/">https://www.thenational.academy/information-for-parents-pupils/</a> 2. The National Education Union has published a new website for providing advice, latest news and resources for parents and carers on the Coronavirus crisis: <a href="https://coronavirusandschools.org.uk/advice/">https://coronavirusandschools.org.uk/advice/</a> The power of kindness: <a href="https://www.redcross.org.uk/get-involved/teaching-resources/kindness-calendar">https://www.redcross.org.uk/get-involved/teaching-resources/kindness-calendar</a> Wellbeing, building resilience and PSHE:			ation/scotts-last-expedition/ write a newspaper article: /www.bbc.co.uk/bitesize/tog /www.bbc.co.uk/bitesize/tog pher Columbus: <u>https://www.bbc.co.</u> rery Cards]-[Multi Site]-[SLO Picchu: <u>https://www.bbc.co.</u>	ww.nls.uk/learning-zone/geo equipment pics/zkgcwmn/articles/zbsbwt pics/z2yycdm/articles/z2gk9qt w.bbc.co.uk/bitesize/topics/zh p.uk/bitesize/articles/zr2tnrd?p 8]-[PS_BITESIZE~N~~P_Tutank .uk/news/world-latin-america- uk/family-activities/how-make	y pchbk/articles/znchkmn (tor=CS8-1000- (hamun] -14060341	What is a rock?         https://www.bbc.co.uk/bitesize/topics/z9bbkqt/articles/zsgkdmn         Stars: http://downloads.bbc.co.uk/tv/guides/BBC_Stargazing_Live_2012_Lesson_plans_         KS1.pdf       https://www.youtube.com/watch?v=4DlNhbkPiYY         How sailors used stars https://www.bbc.co.uk/bitesize/clips/zdspyrd         Our solar system: https://www.stem.org.uk/resources/elibrary/resource/31649/fruit-solar-system         Building a cargo ship: https://www.rmg.co.uk/family-activities/how-make-cargo-ship         Humanities	
	1. The power of kindness: <u>https://www.redcross.org.uk/get-involved/the-power-of-kindness</u>	Books				BBC Teach: <u>https://www.bbc.co.uk/teach/class-clips-video/ks2-explorers/zjh8bdm</u> Explorers KS1 https://www.bbc.co.uk/bitesize/topics/zhpchbk	
	<ul> <li>2. Kindness activities for children: <u>https://blog.kidadl.com/articles/acts-of-kindness-to-keep-kids-busy</u></li> <li>3. The CAMHS Alliance for Hackney has produced a comprehensive list for parents and carers <u>https://www.learningtrust.co.uk/sites/default/files/document/City%20and%20Hackney%20CAMHS%20support%20for%20parents-carers.pdf</u></li> <li>4. Talking to children who are worried about</li> </ul>	EYFS N and R	A trip to the bottom of the world with mouse: Frank Viva	Zim Zam Zoom: James Carter	Where the wild things are: Maurice Sendak	Longitude and Latitude: https://www.bbc.co.uk/bitesize/topics/zvsfr82/articles/zd4rmfr Ibn Battuta: https://www.bbc.co.uk/teach/class-clips-video/ks2-ibn-battuta/zmqgnrd https://orias.berkeley.edu/resources-teachers/travels-ibn-battuta/ https://orias.berkeley.edu/resources-teachers/travels-ibn-battuta/travels-ibn-battuta- student-activities	
	coronavirus: https://www.nspcc.org.uk/keeping-children-safe/childrens- mental-health/depression-anxiety-mental- health/?utm_source=Adestra&utm_medium=email&utm_content=Talking%20t o%20a%20child%20worried%20about%20coronavirus%20%28COVID- 19%29&utm_campaign=CASPAR-2019-03-30 5. Resources for families around anxiety and stress: http://www.safehandsthinkingminds.co.uk/covid-anxiety-stress- resources-links/	KS1 Y1- Y2	The Great Explorer: Chris Judge	Tom Crean's Rabbit: Book by Meredith Hooper	A cat's guide to the night sky: Stuart Akinson associated for the signal for the	https://www.khanacademy.org/partner-content/big-history-project/expansion- interconnection/exploration-interconnection/a/ibn-battuta         Walter Raleigh: https://www.bbc.co.uk/teach/class-clips-video/geography-ks2-ks3- seriously-raleigh/zhk3nrd         https://www.english-heritage.org.uk/visit/places/stonehenge/history-and- stories/history/food-and-feasting-at-stonehenge/food-timeline/ https://www.bbc.co.uk/bitesize/topics/zvsfr82/articles/zd4rmfr         Explorers:	
Film TV s	Dora and The Lost City of Gold (PG), The Goonies (PG),		<b>Shackleton's Journey :</b> William Grill	<b>The Explorer:</b> Katherine Rundell	<b>Great Adventurers:</b> Alistair Humphrey	https://www.dkfindout.com/uk/history/explorers/https://www.dkfindout.com/uk/histor y/explorers/	
	Night at the Museum (PG), Tad the Lost Explorer (PG), Up (PG),         bsites       https://www.rmg.co.uk/family- activitieshttps://www.bbc.co.uk/bitesize/topics/zvsd8xs/articles/z6vyf4j	Υ3- Υ6	Everest- the Remutkaute Story of Edmund Hillary	KATHERIAN DUNIN Z		Creative Arts Botanical art https://www.nhm.ac.uk/discover/endeavour/ Learn how to draw a forbidden city in China:	
			and Tenzing Norgay: Alexandra		<b>Explorers:</b> Nellie Huang:	https://www.youtube.com/watch?v=_ucwc0Gmtcc Shading in pencil for beginners: https://www.youtube.com/watch?v=PQI0em2JKLI Make a sea monster sock puppet: https://www.rmg.co.uk/family-activities/how-make-	
	Religious Education	Maths				sea-monster-sock-puppet	
Hajj         Ibn Battuta started his exploration of the word he was on his way to Mecca. Pilgrimaging to Mecca is called Hajj and it is 1 of the 5 pillars of Islam. Mecca is the holiest site in the Muslim religion. Why do you think pilgrimage to there is so important? What do you think happens on this pilgrimage?         Prayer mats         When Ibn Battuta survived his shipwreck he only had his prayer mat. Muslims have to pray 5 times a day and a prayer mat protects their cleanliness. Prayer mats have a pattern on which helps they know the direction to pray in. Design a prayer mat. It must only have patterns, not animals or people on. <a href="https://www.bbc.co.uk/bitesize/clips/z4gkq6f">https://www.bbc.co.uk/bitesize/clips/z4gkq6f</a>			lying: https://www.bbc.co.ul vise/anticlockwise: https://w ferences: https://www.bbc.c grid references: https://ww //nrich.maths.org/2585	w.nationalarchives.gov.uk/curr k/bitesize/topics/zqbg87h www.bbc.co.uk/bitesize/topics co.uk/bitesize/topics/zbtp34j/ w.bbc.co.uk/bitesize/guides/z d: £245 Spain: £246 Now it wor	/z2dqrwx/resources/1 articles/z6hxrj6 6j6fg8/revision/4	Spanish         The Spanish were great explorers and travelers. Do you know how many Spanish speaking countries there are in the world? 20!         Continue learning Spanish with Dora the Explorer!         Dora the Explorer World Adventure: <a href="https://www.youtube.com/watch?v=FEWcv7c7lig">https://www.youtube.com/watch?v=FEWcv7c7lig</a> Answers to Explores and Navigators questions:         1       the Equator         2       Hemispheres         3       London         4       the Greenwich Meridan	

1. the Equator, 2. Hemispheres, 3. London, 4. the Greenwich Meridan