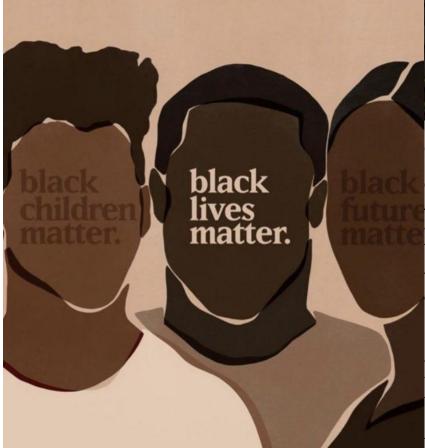
Young Hackney

News and updates to keep you connected





Black Lives Matter

We want all our Black young people & their families to know that you matter.

We acknowledge your experiences and your emotions are valid. If you would like to speak to us about how you're feeling please call us on 020 8356 7404 9am-5pm or email us at <u>yh.online@hackney.gov.uk</u>.

If a young person would like to develop a group/project that challenges racism & supports young people who are



Our hubs

Our Youth Hubs and Adventure Playgrounds are now closed until further notice.

This has been a really difficult decision for us to make because we know how much our services are valued by children, young people and their families, but we equally know how important it is to help keep you all safe.

We will remain in touch with the young people that need our help and support the most and we are also working on how our hubs and skilled staff can still be used to help our community.

If you're missing us and need to talk or require help or advice please contact us on: 020 8356 7404 impacted by racism, they can visit the <u>Youth</u> <u>Opportunity Fund</u> page on our website to apply for a grant of up to £1,500 to fund their idea.

If a young person has been impacted by racism and would like individual support from a youth support development worker they can call or email us. Parents/guardians can also refer by phone call or email and we will make contact.

Young people can attend our Health and Well-being drop-in session for general health and well-being support. They can also attend a one-to-one drop-in session with a clinical psychologist to directly discuss therapeutic support.

For more information about both these support groups please contact us.



If you are worried about the welfare of a child or young person please contact Hackney's First Access and Screen Team on 020 8356 5500 9am-5pm Monday- Friday.

Outside these hours you can contact the Emergency Duty Team on 020 8356 5516.

For advice on contraception call <u>Homerton Sexual Health</u> on 020 7683 4103.

For advice and support from our Substance Misuse Team please email:

<u>yhsms@Hackney.gov.uk</u>

For referrals please call 0208 356 7377

Substance Misuse Team

For support with drugs and alcohol please contact



Young Hackney Art Competition

Week 3 Winners

Another week of amazing art in round 3 of our online art competition! The theme was 'Lockdown Feasts'

Junior winner: Maisie - 13 years old (see above)

our Substance Misuse Team. Young people can be referred to the service for free, confidential advice and support. Contact them on 020 8356 7377 or via email at yhsms@hackney.gov.uk.

Mental health support

If you're worried about the mental well-being of a child or young person at this time please contact the <u>Child and Adolescent</u> <u>Mental Health Service</u> (CAMHS). You can also contact <u>Young Minds</u> and <u>Childline</u> for support.

Hackney Learning Trust

Updates, advice and guidance for parents and carers from <u>Hackney</u> <u>Learning Trust</u>.



Daily Coronavirus updates

If you'd like to receive regular updates about the local response to Junior runners up: Sarah - 9 years old, Devonte - 12 years old and Arto - 10 years old.

Senior Winner: Taniesha - 16 years old (see below)

Senior runners up: Stella - 15 years old and Hussein.

Week 4 competition

This competition is all about imagination - you don't have to be a great artist to take part. To get involved children and young people will need to send us a photo of their art work, this can be a drawing, painting, photograph, poem or model based on a theme we have selected. We will announce the winners and theme for each week via our newsletter and social media. Prizes include amazing arts materials and £40 vouchers to spend online.

This week is the 'Freestyle' round. We want young people to submit artwork that reflects their current thoughts. Young people are encouraged to be creative, Coronavirus you can subscribe to the Hackney News e-newsletter here:

Subscribe now

honest and use their imagination to reflect their feelings in art.

We are planning to produce an art exhibition of all the artwork already submitted, as well as the entries from this freestyle round.

Entries must be submitted by Wednesday 24th June, please include your name, age and contact number. You can send it to us at <u>ELP@hackney.gov.uk</u> or you can post it to us: Young Hackney Art Competition, HSC, 1 Hillman Street, London E8 3DY or drop it off as part of your daily exercise.



Raised in Hackney

Raised in Hackney is a podcast created by young Black British men and boys in Hackney, giving invaluable and direct insight into their lived experiences. Funded by Young Hackney and produced by Hoxton Hall, this youth-led project is a counter to negative media headlines that often portray young Black men as perpetrators or victims of crime.

Listen here

UK Youth: Young and Black

Young and Black is an online campaign which was created to give young people a space to share their experiences of being young and Black in Britain. The campaign works in three stages: reflect - reflect on your experiences of growing up young and Black in Britain, record - record your story in black and white (or write it, sing it, draw it), share - share your story online using the #YoungAndBlack hashtag.

For more information follow <u>**@UKyouth**</u> on twitter.



Hackney's Covid Conversation

Following the previous successful events, Hackney Young Futures Commission are back with Hackney's Covid Conversation this Thursday 18 June at 5.30pm.

This time round there will be an opportunity after the event to have a confidential chat with the Mayor and access mental health support.

This online event is for young people only. Adults may join if supporting a young person with SEND.

Register for the event here.

Peabody Young Leaders: £500 grant programme

Young Leaders is a £500 micro-grant programme designed to support young people to build their skills, confidence and knowledge while making a difference in their local community.

It is open to young people aged 11 – 25 who live in London or the South East and includes support to develop their idea and a Level 1 qualification.

Young people are encouraged to apply for the grant and Peabody will provide unlimited support for them to develop their plan and complete their qualification. Peabody is also looking for new partners to deliver up to four social actions with their young people.

Black Young Women's Group

The Black Young Women's Group was created by Mouth That Roars, with the aim of providing a space for Black young women to freely express themselves and their experiences. The group looks at important issues such as identity, colorism, heritage, body image, sexality and relationships. Since lockdown the group meets weekly online and have a film session every Thursday 5-7pm, 13 years+.

For more information follow the group on social media @blackyoungwomensgrroup and/or email <u>mouththatroars@btconnect.com</u>.



Young Hackney Youtube Channel

Visit the Young Hackney Youtube Channel for daily activities and interactive videos for young people to take part in. These include easy-to-do cooking tutorials for the whole family, arts & crafts, music & dancing, sports challenges and more. Subscribe to our channel and receive a direct notification when a new video is uploaded.

More information

Young Hackney Online Youth Hub

Our online hub is live Monday - Friday, 3-5pm. We have Junior sessions for ages 6-12 and Senior sessions ages 13-19. We also have online sessions and support available over the phone for young people with SEND and for our targeted groups including young carers and their parents.

This week activities at the virtual hub include DIY tutorials, fun challenges, arts & crafts, family cooking tutorials, art therapy, sports sessions, health & wellbeing drop-in sessions and much more. If you would like support accessing our activities please call us on 020 8356 7404 or email us at <u>yh.online@hackney.gov.uk</u>.



Home education support

Prospects webinar - `Help! My GCSEs have been cancelled! What next?'

Prospects Careers service delivered a webinar to young people and their parents on 4 June. 107 people joined the online event, which provided information about the GCSE results process and how grades would be calculated in light of exams being cancelled due to Coronavirus. There was also the opportunity for local Hackney colleges (New City College, BSix Sixth Form College and Access Creative College) to highlight the exciting opportunities available for young people in Hackney and the latest news on the enrolment process. If you would like to watch/listen to the advice and presentations click here: <u>Help! My exams have</u> <u>been cancelled! What next?</u>

Hackney Works

Visit the Hackney Works website for employment opportunities, careers advice and guidance. They also have a series of online events sharing information and tips for a variety of different jobs and sectors, from performing arts to construction.

Find out more

Hackney Learning Trust

Hackney Learning Trust has hand-picked some fun and educational activities for parents and carers to help keep children occupied at home. These activities are designed to supplement - rather than replace - the learning set by your child's school.

Find out more

BBC Bitesize Daily

BBC Bitesize Daily has been created to support parents and carers with home learning. Resources include a new TV channel, podcasts, videos and lessons everyday for children and young people online. The channel also features celebrities such as David Attenborough, Prof Brian Cox and Man City footballer Sergio Aguero to help make learning more engaging and fun.

Find out more



Things to do for young people

GamePad Online

Making gaming fun for everyone, everywhere!

This new virtual gaming event brings communities together to play exciting games from the comfort of your own home. Taking place on Saturday 27 June

Find out more

Beat The Boredom

The Young Urban Arts Foundation have created a series of online workshops for young people to Beat The Boredom of lockdown. These workshops range from DJ skills and singing lessons to art for well-being and poetry.

Find out more

New Wave Wired

New Wave Wired is a free online programme of workshops and master classes created by Hackney Empire's Young Producers. The programme includes photography and videography workshops, career advice for the arts industry and how to create quality online content. All workshops are 45 minutes long and are delivered by successful industry professionals who are working with some of the biggest names in music right now.

Find out more

Riddles to test your brain power

These 7 puzzles are guaranteed to test your brain and thinking. Take this fun test with all the family and check just how sharp everyone is!

Find out more

CBBC Quizzes

CBBC has created a variety of child-friendly quizzes, which are great for engaging the whole family. These fun quizzes are based on TV shows, books and even emojis.

Find out more



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