

Healthy Early Years Hackney Training Programmes for Academic Year 2019/20

Thank You

A big thank you to all the settings and childminders who have enthusiastically engaged with all our Healthy Early Years training programmes this year. We are sure that your efforts will have a real impact on the wellbeing, health and education outcomes of all Hackney's youngest children and their parents! We are also grateful to all the settings who have supported us to be able to carry out the Integrated Review Audits which will help us to support ongoing quality.

Update on next year's HEY Programmes

We are in the process of planning our training programmes for the forthcoming year and will be posting dates and venues on the link below over the coming days/weeks, please keep checking the [training section of the website](#).

We are happy to confirm that we will still be able to run some of our ever popular, quality assured and FREE Healthy Early Years Programmes next year. These programmes have evaluated well, are evidence based and are in line with our local priorities for children and families in Hackney and include:

- Physical Literacy -Step into purposeful play*
- Eat Better Start Better in Hackney (Nutrition)*
- Integrated 27 Month Reviews*
- Pick up the Cup (included as part of the Nursery Tooth Friendly Programme)

EBSB

Our focus for next year is to support existing EBSB Stage 3's whose certificates have expired to refresh their knowledge and update their certificates. If your certificate has or is about to expire please contact HealthyEYHackney@learningtrust.co.uk and look out for an invite in your inbox.

We would also like to support any setting which has funded two year olds on roll and has previously completed the EBSB training but not yet achieved the Stage 3, to be able to achieve it.

Raising the Issue Training (supporting you to have strength based conversations with parents)

We are working closely with the Best Start with HENRY team to promote this excellent FREE one day training which is particularly of benefit to Healthy Child Leads and would also benefit room leads and SENCO's. Please [follow the link for more information](#)



Healthy Early Years London Award (Mayor's Office)

We have been working closely with the **Mayor of London's office** <https://www.london.gov.uk/what-we-do/health/healthy-early-years-london/about-healthy-early-years-london> to complete a Healthy Early Years alignment process. This means that if your setting has already completed and continues to engage with the following local programmes, we would be really happy to hear from you:

- Integrated 27 Month Reviews
- Eat Better Start Better in Hackney
- Physical Literacy Programme
- Nursery Tooth Friendly Scheme

Please contact us on:

HealthyEYHackney@learningtrust.co.uk and we can check that you meet our criteria for support to complete a simple conversion tool which will enable you to achieve The **Healthy Early Years Bronze** Award.

Supporting Children with Medical Needs Training

The school nursing service are running some FREE training sessions to support you to feel confident in your processes for ensuring that children with medical needs are well supported and safe in your settings, [follow the link](#) to book on.

Wishing you a happy and healthy summer!

Best wishes

Caroline Hart on behalf of the Healthy Early Years Hackney Team.